

# January Menu



- 3 Long John, fruit cup, juice & milk**  
Beef and noodles, mashed potatoes, peas, pears, wheat roll & milk
- 4 Breakfast pizza, juice & milk**  
Chicken fajita w/ lettuce and tomato, refried beans, rice, brownie & milk
- 5 Ham, hash browns, juice & milk**  
Lasagna, green beans, mandarin oranges, garlic bread & milk
- 6 Biscuit & gravy, juice & milk**  
Beef and bean burrito, mixed salad, black bean/corn salsa, pumpkin bar & milk
- 9 Waffle, sausage, juice & milk**  
Hot ham and cheese on a wheat bun, potato wedges, broccoli, grapes & milk
- 10 Breakfast burrito, juice & milk**  
Country style beef patty, mashed potatoes/gravy, corn, peaches, roll & milk
- 11 Breakfast pizza, juice & milk**  
Chili, relishes, pineapple, cinnamon roll & milk
- 12 Egg omelet, hash browns, juice & milk**  
Deli sandwich on wheat bun, fries, California Blend, pears & milk
- 13 Biscuit & gravy, juice & milk**  
Taco w/ trimmings, refried beans, Spanish rice, applesauce, cookie & milk
- 16 No School—Staff Development**
- 17 Breakfast on a stick, juice & milk**  
Chicken nuggets, fries, peas, peaches, wheat roll & milk
- 18 Breakfast pizza, juice & milk**  
Beef and gravy, mashed potatoes, broccoli, fresh fruit, biscuit & milk
- 19 Donut, cereal, juice & milk**  
Chili cheese Fritos, tossed salad, corn, pear, cake & milk
- 20 Biscuit & gravy, juice & milk**  
Grilled chicken, scalloped potatoes, green beans, pineapple chunks, wheat roll & milk
- 23 Apple crispito, cheese stick, juice & milk**  
Hamburger on wheat bun, fries, relishes, peaches & milk
- 24 Ham, eggs, juice & milk**  
Spaghetti w/ meat sauce, tossed salad, peas, pears, French bread & milk
- 25 Breakfast pizza, juice & milk**  
Vegetable soup, crackers, relishes, chocolate pudding, cookie & milk
- 26 Pancake, sausage, juice & milk**  
Pork chop, mashed potatoes/gravy, green beans, pineapple, wheat roll & milk
- 27 Biscuit & gravy, juice & milk**  
Chicken wrap w/ lettuce and tomato, Spanish rice, applesauce, cake & milk
- 30 Chocolate chip muffin, yogurt, juice & milk**  
Chicken and noodles, mashed potatoes, green beans, rosie applesauce, wheat roll & milk
- 31 Sausage biscuit, juice & milk**  
Crispito w/ meat sauce, carrots, honey apple crisp & milk